Wellbeing Officer

It is essential that the Wellbeing Officer works to create a safe and inclusive environment for all club members. It is the duty of the wellbeing officer to ensure your membership is diverse by providing opportunities to all students from different demographics and cater for their needs. It is important for you to listen to your members to ensure your opportunities appeal to all students. You will be required to signpost students to the correct service if they are struggling with their wellbeing however, you are not expected to carry the weight of someone's problem or advise them yourself so make sure you are aware of the service the university and union offer.

Personal skills

- Passionate about equality
- Good at empathising with people
- A good ally to people of all cultures and backgrounds
- Positive attitude to mental health and wellbeing
- Open-minded and fair

Key responsibilities

- 1. Ensure the club acts equally to all members at all times and there are equal opportunities to take part in activities
- 2. Understand there are barriers to participation for some people so ensure there are inclusive opportunities
- 3. Create an inclusive environment for people from underrepresented backgrounds such as LGBT+ and BME. Ensure the club does not tolerate racism, homophobia or any form of discrimination
- 4. Be actively involved in the Student Union wellbeing campaigns and understand where to signpost members if they are struggling with their wellbeing
- 5. Ensure the conduct of the club is safe and welcoming



