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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Task/Activity/Environment:**  Varsity 2021 | | | **Location:**  Various | | | **Date of Assessment:**  **15/3/21** | |
| **Identify Hazards which could cause harm:** | | | **Identify risks = what could go wrong if hazards cause harm:** | | | | |
| **No.** | Hazard | | **No.** | Risk | | | |
| **1** | Participants  Route | | **1a** | Risk of getting lost | | | |
| **2** | members of the public | | **2a** | Risk of collision and injury to both participant and public | | | |
| **3** | COVID-19 | | **3a** | Risk of spread going through congested areas. | | | |
| **4** | Vehicles | | **4a** | Risk of collision with vehicles | | | |
|  |  | | **4b** | Injuries to participants, and driver/passengers | | | |
|  |  | | **4c** | Risk of death to participants, and driver/passengers | | | |
| **5** | Injury during activity | | **5a** | Risk of pulled muscles, trips, slips, broken bones, bruising and lacerations. | | | |
| **6** | Participants  unwell before race | | **6a** | Risk of causing the illness to worsen | | | |
| **7** | Visibility/Lighting | | **7a** | Risk of collision with public, vehicles ad inanimate objects | | | |
| **8** | Weather and Terrain | | **8a** | Risk of getting caught in bad weather or unsafe ground leading to getting lost or stranded | | | |
|  |  | | **8b** | Risk of dehydration | | | |
|  |  | | **8c** | Risk of getting too col | | | |
| **List groups of people who could be affected:**  Participants  Public | | | | | | | **What numbers of people are involved?**  121 members signed up to the event |
| **What risk controls are in place to reduce risks?** | | | | | | | Risk level with risk controls |
| **No.** | | Risk Control | | | | |  |
| **1a** | | Carry out your own risk assessment before activity | | | | | Acceptable |
| **1a** | | Carry your ICE details with you and let friends and family know where you are going, when you will return and check in on your return. | | | | | Acceptable |
| **2a, 3a, 7a** | | Consider the time of day | | | | | Acceptable |
| **2a, 3a** | | routes should be planned in advance and preferably a quiet  route chosen away from known busy areas | | | | | Acceptable |
| **3a** | | Follow current Government advice. Consider the time and route in order to minimise the impact on others. | | | | | Acceptable |
| **4a, 4b, 4c** | | Advise to choose a quiet course away from traffic. | | | | | Acceptable |
| **4a, 4b, 4c** | | If it is required to go on road then all participants to be advised not to wear headphones on public roads | | | | | Acceptable |
| **4a, 4b, 4c** | | Beware of traffic where your route crosses junctions and carriageway | | | | | Acceptable |
| **5a, 6a** | | Runners and walkers to ensure they are fit and healthy before beginning their activity. | | | | | Acceptable |
| **5a, 8a** | | Runners and walkers to ensure they are wearing appropriate and adequate footwear  for the terrain | | | | | Acceptable |
| **5a** | | Warm up properly before beginning activity. | | | | | Acceptable |
| **8a, 8c** | | Familiarise yourself with the terrain on the route you have chosen, check weather conditions and dress appropriately. | | | | | Acceptable |
| **8b** | | Carry water and any emergency medication you require | | | | | Acceptable |
| **What additional actions are required to ensure risk controls are implemented/effective or to reduce the risk further? n/a** | | | | | | | Risk level with additional risk controls |
| **Is health surveillance required?** | | | | | If YES, please detail: | | |
| **Who will be responsible for implementing risk controls:**  **Each participant** | | | | | | | **By When:** |

B

|  |  |  |  |
| --- | --- | --- | --- |
| Completed by: | **Casey Blagg** | **Signed:** | **C.Blagg** |
|  |  |  |  |
| Record of annual review: |  |  |  |

*Risk Rating*:

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | Increasing Consequence | **5** | **10** | **15** | **20** | **25** | | **4** | **8** | **12** | **16** | **20** | | **3** | **6** | **9** | **12** | **15** | | **2** | **4** | **6** | **8** | **10** | | **1** | **2** | **3** | **4** | **5** | |  | Increasing Likelihood | | | | | | **17-25** **Unacceptable** – Stop activity and make immediate improvements/seek further advice |
| **10-16** **Tolerable** – look to improve within specified timescale |
| **5-9** **Adequate** – Look to improve at next review |
| **1-4** **Acceptable** - No further action, but ensure controls are maintained |

*Guide to using the risk rating table:*

|  |  |
| --- | --- |
| **Consequences** | **Likelihood** |
| **1 Insignificant** – no injury | **1 Very unlikely** – 1 in a million chance of it happening |
| **2 Minor** – minor injuries | **2 Unlikely** – 1 in 100,000 chance of it happening |
| **3 Moderate** – up to three days absence | **3 Fairly likely** – 1 in 10,000 chance of it happening |
| **4 Major** – more than three days absence | **4 Likely** – 1 in 1,000 chance of it happening |
| **5 Catastrophic** – death or disabling | **5 Very likely** – 1 in 100 chance of it happening |