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| **Task/Activity/Environment:** Varsity 2021 | **Location:** Various | **Date of Assessment:****15/3/21** |
| **Identify Hazards which could cause harm:** | **Identify risks = what could go wrong if hazards cause harm:** |
| **No.** | Hazard | **No.** | Risk |
| **1** | ParticipantsRoute  | **1a** | Risk of getting lost |
| **2** | members of the public | **2a** | Risk of collision and injury to both participant and public |
| **3** | COVID-19 | **3a** | Risk of spread going through congested areas.  |
| **4** | Vehicles | **4a** | Risk of collision with vehicles |
|  |  | **4b** | Injuries to participants, and driver/passengers |
|  |  | **4c** | Risk of death to participants, and driver/passengers |
| **5** | Injury during activity | **5a** | Risk of pulled muscles, trips, slips, broken bones, bruising and lacerations. |
| **6** | Participantsunwell before race | **6a** | Risk of causing the illness to worsen |
| **7** | Visibility/Lighting | **7a** | Risk of collision with public, vehicles ad inanimate objects |
| **8** | Weather and Terrain | **8a** | Risk of getting caught in bad weather or unsafe ground leading to getting lost or stranded |
|  |  | **8b** | Risk of dehydration  |
|  |  | **8c** | Risk of getting too col |
| **List groups of people who could be affected:** ParticipantsPublic | **What numbers of people are involved?**121 members signed up to the event |
| **What risk controls are in place to reduce risks?** | Risk level with risk controls   |
| **No.** | Risk Control  |  |
| **1a** | Carry out your own risk assessment before activity | Acceptable |
| **1a** | Carry your ICE details with you and let friends and family know where you are going, when you will return and check in on your return. | Acceptable |
| **2a, 3a, 7a** | Consider the time of day | Acceptable |
| **2a, 3a** | routes should be planned in advance and preferably a quietroute chosen away from known busy areas | Acceptable |
| **3a** | Follow current Government advice. Consider the time and route in order to minimise the impact on others. | Acceptable |
| **4a, 4b, 4c** | Advise to choose a quiet course away from traffic. | Acceptable |
| **4a, 4b, 4c** | If it is required to go on road then all participants to be advised not to wear headphones on public roads | Acceptable |
| **4a, 4b, 4c** | Beware of traffic where your route crosses junctions and carriageway | Acceptable |
| **5a, 6a** | Runners and walkers to ensure they are fit and healthy before beginning their activity. | Acceptable |
| **5a, 8a** | Runners and walkers to ensure they are wearing appropriate and adequate footwearfor the terrain | Acceptable |
| **5a** | Warm up properly before beginning activity. | Acceptable |
| **8a, 8c** | Familiarise yourself with the terrain on the route you have chosen, check weather conditions and dress appropriately. | Acceptable |
| **8b** | Carry water and any emergency medication you require | Acceptable |
| **What additional actions are required to ensure risk controls are implemented/effective or to reduce the risk further? n/a** | Risk level with additional risk controls  |
| **Is health surveillance required?**  | If YES, please detail:  |
| **Who will be responsible for implementing risk controls:****Each participant** | **By When:** |

B

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| --- | --- | --- | --- |
| Completed by: | **Casey Blagg** | **Signed:** | **C.Blagg** |
|  |  |  |  |
| Record of annual review: |  |  |  |

*Risk Rating*:

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Increasing Consequence | **5** | **10** | **15** | **20** | **25** |
| **4** | **8** | **12** | **16** | **20** |
| **3** | **6** | **9** | **12** | **15** |
| **2** | **4** | **6** | **8** | **10** |
| **1** | **2** | **3** | **4** | **5** |
|  | Increasing Likelihood |

 | **17-25** **Unacceptable** – Stop activity and make immediate improvements/seek further advice |
| **10-16** **Tolerable** – look to improve within specified timescale |
| **5-9** **Adequate** – Look to improve at next review |
| **1-4** **Acceptable** - No further action, but ensure controls are maintained |

*Guide to using the risk rating table:*

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| --- | --- |
| **Consequences** | **Likelihood** |
| **1 Insignificant** – no injury | **1 Very unlikely** – 1 in a million chance of it happening |
| **2 Minor** – minor injuries | **2 Unlikely** – 1 in 100,000 chance of it happening |
| **3 Moderate** – up to three days absence | **3 Fairly likely** – 1 in 10,000 chance of it happening |
| **4 Major** – more than three days absence | **4 Likely** – 1 in 1,000 chance of it happening |
| **5 Catastrophic** – death or disabling  | **5 Very likely** – 1 in 100 chance of it happening |