

Hi, I am Emma, and I am in my first year of my PhD in Geography. I am a home student and have lived in Manchester my whole life. After five years studying at Salford, I know the University and the student community extremely well. I want to be your next Community and Wellbeing Officer for 2024/2025.

During my time here at Salford I have been an active member of the Students' Union. Throughout my volunteer work as a course rep and a school rep I have successfully represented my peers, overcoming many barriers and issues faced by students. I was your elected Disability Officer in 2022-2023 and campaigned hard for disabled students. I hosted a disability awareness event for staff and students with a focus on hidden disabilities. I also successfully obtained funding for ergonomic chairs in the library.

I have acquired many skills through my volunteer work including listening, teamwork, leadership, and empathy. These skills would make me a great Community and Wellbeing Officer!

As your Community and Wellbeing Officer I pledge to always put YOU first! As well as:

- **Free food & products**– I will obtain more funding and ensure free food is available for students. I will do this by hosting 'Breakfast Mornings' with free hot chocolate, tea/coffee, and food, as well as 'Supper Club' where students can get a hot evening meal. I will expand on the free products bringing in 'self-care packages', more period products, and toiletries.
- **Mental Health Support** – I will bring in more mental health support for students by organising regular accessible 'wellbeing walks' around Peel Park and the local area. I will host 'Talking Tuesdays' where students can come to the wellbeing hub and talk to other students and staff and get free advice and mental health support.