Salford students...

Let's do good in this time of Corona virus!

SALFORD STUDENTS
VOLUNTEERING

In these stressful times, our communities are pulling together. **Students like you want to get involved.** We want to help you to do so safely and within the latest government guidelines.

Five Ways To Help Locally

1) Volunteer as a Marshall at a vaccination site in Greater Manchester

2) Volunteer with your local council's Coronavirus relief effort! Tasks may include:

- **Driver -** Driving food, shopping, and essential items from place to place
- **Neighbourhood Support -** This includes shopping and prescription collection
- **Check in and Chat –** Speaking on the phone or online to an isolated person
- **Covid-19 Testing Support -** Marshalling, registering attendees, explaining how to self-swab
- **Emergency Response Volunteering –** Providing varied practical support in emergency situations

3) Connect with your neighbours online. Look on Covid Mutual Aid UK to find your local group, and if you're on campus, join Salford Campus Connections on FB

4) Stay home and volunteer online! This could be microvolunteering or a longer term opportunity

Log Hours For Awards!

We want to give you awards! Log your hours and skills here. Then we can feature you as our social media Volunteer under the Spotlight and tell the world about your amazing volunteering!

Stay Safe When Volunteering

- Respect everyone's privacy, helping vulnerable people requires mutual trust e.g. don't share any private information
- Minimize time spent out of the house
- Combine trips e.g. if food shopping for your neighbour, do your food shop at the same time
- Stay two meters apart from other people
- Stay home if you have symptoms of Coronavirus
- Follow the latest health advice from the Public Health England
- Carry a mobile phone and tell someone where you're going