

Hello, I'm Rafat Yasmeen, a first-year student on the MA in Mental Health Nursing looking to be your next Women's Officer. I have lots of experience in Feminism and was part of the 'Period Poverty' campaign during Lockdown.

Anti-Violence - This pandemic has also seen a rise in Violence against Women and if nominated will be offering regular online, 'Self-Defence classes' for intersectionality Women and approaching the Student Union about recruiting female Security Guards who are trained in Victim Support issues.

Pro Health Workshops - I am aware that women from intersectionality backgrounds may suffer in silence about menopause, eating disorders, period poverty and body image. I wish to work collaboratively with my colleagues, staff, student union, societies and groups to have online workshops that give Women a better relationship with their bodies and further their Mental Health and Well-being.

Achievements Recognition - Finally, as Women we have a wealth of amount of Talent at the University which sometimes goes unrecognised. I would like to see the University Schools and Departments honour their female staff and students by letting them be a 'voice and role models' for other women by utilising our Media Department and resources.